



ABOUT YOUR COVID-19 RAPID TEST



WHEN TO USE THE TEST

Use this test:

- A few hours before you gather in a group or visit at-risk persons.
- Immediately if you have COVID-19 symptoms.
- Immediately after exposure to COVID-19 if you are unvaccinated.
- 5 days after exposure to COVID-19 if you are vaccinated.

This test should be used on people 2 years or older.

Watch a video with instructions:

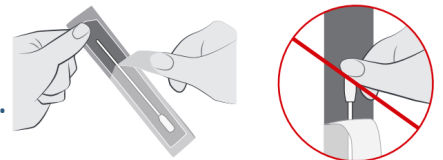


sommervillema.gov/SelfTest

HOW TO USE THE TEST

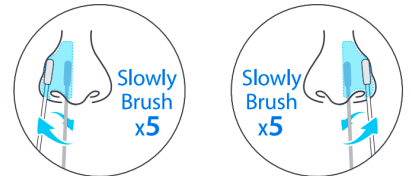
1

Remove the swab from its package. Don't touch the tip.



2

Insert the entire tip of the swab in your nose. Slowly brush the inside of both nostrils with the tip of the swab 5 times each in a circular motion. Use the same end of the swab for both nostrils.



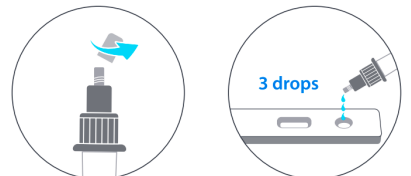
3

Open the orange cap on the tube. Insert the swab into the bottom of the tube. Stir in the liquid 15 times. Squeeze the tube as you remove the swab. Close the orange cap.



4

Open the small white cap on the other end of the tube. Add 3 drops to the Sample Port of the COVID-19 Test Card.



5

Wait 15 minutes, then look at the results. You must read the results within 15 minutes or the test will be invalid.



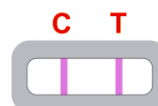
COVID-19 NEGATIVE
Only the C line shows.



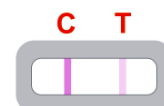
COVID-19 POSITIVE
Both C and T lines show.
The T line may be faint.



or



or



TURN THE PAGE



ABOUT YOUR COVID-19 RAPID TEST



WHAT TO DO IF YOU TEST POSITIVE

- 1 Immediately isolate from others for 10 days. If you live with others, try to stay in one room.
- 2 Rest, and hydrate. Call your doctor with any questions, including whether your test results should be confirmed.
- 3 Inform anyone you were in close contact with during the previous 48 hours. They should get tested and quarantine.
- 4 If you must interact with others, wear a mask that fits snugly over your mouth and nose.
- 5 If you develop difficulty breathing or severe symptoms seek emergency medical care immediately.
- 6 If you are a Somerville Public School student or staff member who test positive, please call your school before returning.

For more information go to [CDC.org/Covid19](https://www.cdc.org/Covid19).



If you need assistance accessing food, basic needs, or other support during isolation, call [3-1-1 \(617-666-3311\)](tel:311) for help in your language.

HOW TO GET A COVID-19 VACCINE OR BOOSTER



Sign up for a COVID-19 vaccine at vaxfinder.mass.gov or call 2-1-1. If you need further assistance, call [3-1-1](tel:311). Both can help in your language.

STAY CONNECTED

Sign up for City alerts at somervillema.gov/alerts to receive important information in your language by text, phone, and e-mail.